

#### DESCRIPTION AMENDMENTS

**Rewrite paragraph [0015] to read as follows:**

Referring to FIGS. 3 and 4, it is desirable that the locations of the massaging protrusions on a spherical massaging element should be selected by a procedure that involves first inscribing a sphere with a polyhedron composed of regular polygons, such as hexagons and pentagons as shown in ~~FIGS. 9 and 10~~ FIGS. 3 and 4, and then selecting as the locations of the massaging protrusions the vertices of the polygons and the points on the surface of the sphere that are radially outward of the centers of the polygons. By use of this procedure, it is ensured that the protrusion at the center of a polygon is equidistant from the protrusions at the vertices of the polygon.